

The Influence of College Students' Participation in Social Practice on the Improvement of Their Comprehensive Quality

Hongquan Liu^{1, a, *}, Yang Chen¹, Xiping Zhang¹

¹Hebei Agricultural University, Baoding, 071000, China

^a50081999@qq.com

Abstract

Social practice is an important part of the ideological and political education of college students. It plays an irreplaceable role in promoting college students to understand the society, understand the national conditions, increase their talents, contribute to the society, exercise perseverance, cultivate quality, and enhance their sense of social responsibility. Social practice is an important part of the comprehensive quality of college students, and the impact of college students' participation in social practice is of great significance to the improvement of college students' comprehensive quality.

Keywords

College students; Social practice; Comprehensive quality.

1. Introduction

Social practice in a broad sense refers to the sum of various activities that human beings use to understand and transform the world, while social practice in a narrow sense refers to the use of holiday internships or off-campus internships to deepen the understanding of the professional knowledge for college students and determine the correct ones. The direction of life, preparation for the transition to the workplace, and enhancement of competitive advantage in employment have many meanings. At present, colleges and universities provide a large amount of human, material and financial support for the development of college students' social practice work, and effectively guarantee the full development of college students' social practice activities. At the same time, the effects of social practice activities have also been placed in a higher position by colleges and universities. Based on the author's experience in social practice, this article analyzes the impact of college students' participation in social practice on the improvement of their overall quality from the following aspects.

2. Analysis of the Status Quo of College Students' Comprehensive Quality

The Chinese Communist Party always places its greatest expectations on the youth. In the report of the 19th National Congress of the Communist Party of China, a paragraph was devoted to discussing youth, emphasizing that "youth will prosper the country, and the strong youth will make the country strong." "The young generation has ideals, skills, and responsibilities, the country has a future, and the nation has hope." [1]. General Secretary Xi Jinping said in the National Education Conference and the school's ideological and political theory teacher's forum: "The new era and the new situation, reform and opening up, and socialist modernization, the promotion of the all-round development of people and the all-round progress of society have put forward new ideas for education and learning. The higher requirements of "[2]. In the context of economic globalization, various Western ideas are constantly pouring into our university campuses: "utilitarianism", "utility", "utopianism", etc. are constantly eroding college students, leading to a certain degree of emergence among college students The ideological and convictions of China are blurred, political beliefs are confused, and value orientations are

utilitarian. In addition, with the development of the one-child policy, some college students have been withdrawn in recent years, and they are not good at communicating with others. Since entering the university, although the knowledge and ideological system of college students have gradually matured, their sense of cooperation, innovation and society have gradually matured. Responsibility and so on are still thin. These phenomena have affected and will continue to affect the comprehensive quality level of college students. Therefore, the comprehensive quality level of college students at this stage needs to be further improved.

3. The Role of College Students Participating in Social Practice in Improving Conclusion

3.1. Enhance the Awareness of Social Responsibility and Establish A Correct Value System

Through the way of participating in social practice, college students can continuously deepen the personal qualities of college students, constantly carry out self-reform and self-improvement, and accelerate the speed of social development of college students, which is also the key to improving college students' sense of social responsibility [3]. In the process of participating in social practice, college students can create value and provide services for the society by their own strength, which not only helps college students accumulate experience and improve their abilities, but also enables them to gain a sense of accomplishment and satisfaction in realizing value, And will continue to stimulate college students' sense of social responsibility [4], improve their ideological realm, improve their way of thinking, encourage college students to return to the society, enhance the spirit of serving and contributing to society; on the other hand, college students actively participate in social practice activities, Not only can they experience the development of socialist construction through their own experience, and comprehend the contributions and gains of participating in social practice, so as to deepen their understanding of socialism with Chinese characteristics in the new era, and improve their understanding of the country and society, for college students Establish a correct world outlook, outlook on life and values [5].

3.2. Enhance Innovation Ability and Develop Innovative Thinking

Innovation ability is the comprehensive quality of a person's all-round development, and it is also related to the choice of career and independent entrepreneurship after the university's birthday. In today's era, innovative talents are more needed, and innovative talents are also the main force driving the change of the times. In social practice activities, college students can open up their thinking, increase their knowledge and ability, so that their innovative thinking and innovative spirit will be transformed into innovative behaviors in the process, which will be developed and strengthened in activities and events, and finally become the inner ideological quality of college students And inner will, to provide practical ability and support for college students to transform their subjective world in the future. And in participating in social practice, college students can develop innovative thinking through hands-on practice, access to materials and other methods, and find simpler and faster ways or novel ideas to better solve practical problems, so that college students can gain more knowledge and talents in social practice. Enhance innovative thinking and innovation capabilities.

3.3. Cultivate Practical Ability and Improve Self-cognition

With the development of the socialist market economy, the society has higher and higher requirements for the comprehensive quality of college students. Employers have gradually shifted from the previous focus on professional competence to the development of comprehensive quality of employees. Practical ability is the ability to ensure that college students use their existing knowledge and skills to solve practical problems smoothly. Through

social practice, college students apply the theoretical knowledge they have learned and mastered during their school period into practice. In this process, college students practice first-hand, whether it is the preliminary practice preparation, the mid-term exploration of social practice tasks and the Investigation, or later summary and reflection on social practice are the process of testing the practical ability of college students, so that they can exercise their ability to discover, analyze and solve problems [6]. And in practice, it can promote college students to have a fuller understanding of their personal abilities and social environment, to recognize and evaluate themselves objectively, and to understand the ability gap between the talents needed by society and themselves. At the same time, this understanding will also add a sense of urgency and crisis to college students themselves, forcing them to devote themselves to thinking about the problems in their own development, and constantly improve their abilities and ideological and moral qualities, and actively assume their own life responsibilities.

3.4. Improve Professionalism and Broaden Knowledge Reserves

Extensive participation of college students in social practice related to their own majors can improve their professionalism. The implementation of social practice is helpful to the development of the "second classroom", such as course practice, professional practice, field practice, etc. College students can learn professional knowledge outside of books and apply it proficiently in production practice. To a certain extent, it has an irreplaceable effect on improving the professional quality of college students. In the process of college students' social practice, they can make reasonable use of the professional knowledge they have learned to interpret various social phenomena, deepen their learning impression, improve their own understanding and reinforcement of professional knowledge [7], and expand and deepen college students' understanding of professional knowledge. Understand the professional knowledge learned by the school, and achieve the purpose of further absorbing and strengthening classroom knowledge. At the same time, apply one's own knowledge to practical problems, sort out the context of professional knowledge, learn to integrate, and better integrate professional knowledge with oneself, so that it is not only on paper, but also reflected in social life. In order to meet the new needs of socialist construction, the education model that combines classroom education, school culture, and social practice is realized.

Secondly, when college students' extensive participation in various social practices find that their own professional skills and lack of professional knowledge are insufficient to support the solution of social practice problems, it will prompt college students to concentrate on thinking, re-learn and delve into professional skills, improve their professional knowledge reserves, and broaden their knowledge. At the level, we can effectively check and fill vacancies, and lay a solid foundation for entering social work in the future.

4. Concluding Remarks

The social practice activities of college students are of great significance to improve the comprehensive quality of college students. It not only enables college students to understand their own majors while understanding the society, but also lays the foundation for entering the society in the future. In the process of participating in social practice activities, college students can improve their sense of social responsibility, establish a correct value system, and integrate theory with practice, effectively cultivating college students' innovative spirit and cooperation ability, and at the same time increasing college students' adaptability. The society and the ability to serve the society build a bridge between ideals and reality for college students, and gradually develop in the direction of talents needed by the society in the future.

References

- [1] Xi Jinping. Report at the 19th National Congress of the Communist Party of China [N]. Study Times, 2018-01-08.
- [2] Xi Jinping. Speech at the National Education Conference [N]. People's Daily, 2018-9-11.
- [3] Wang Yaping. Thoughts on the social practice teaching of ideological and political education and the cultivation of college students' sense of social responsibility[J]. New West, 2019, (11): 141-142.
- [4] Li Xiuxiu. The important role of social practice in enhancing college students' sense of social responsibility[J]. Journal of Hubei Correspondence University, 2018, 31(18): 59-60.
- [5] Zhu Tingting. Innovating the social practice activities of college students: Taking Lanzhou University of Technology as an example [J]. Journal of Hotan Teachers College, 2020, 39(01): 75-80.
- [6] Shen Yinglan; Li Xueguo. Research on the construction of a long-term mechanism of college students' social practice from the perspective of the new era[J]. Quality Education in Western China, 2019, (06): 15-16.
- [7] Yang Jirui. Thoughts on Strengthening College Students' Social Practice Activities [J]. Theoretical Front of Colleges and Universities, 2010(02).