

# Strategies for Cultivating Autonomous Learning Ability in College English Teaching Based on OBE Concept

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## Abstract

With the development and changes of China's higher education reform, the traditional college English teaching is constantly changing to improve students' comprehensive ability and lifelong learning ability. OBE(Outcome-based Education) is the main support for the reform of college English teaching mode. Under this concept, college English teaching design will change its thinking, focus on learning achievements and students, improve students' autonomous learning ability and independent problem solving ability, and effectively promote the improvement and promotion of students' comprehensive language ability. Applying OBE concept to autonomous learning mode, constructing English classroom with students as the main body, fully embodying their autonomy, not only helps to improve classroom teaching efficiency, but also helps college students develop various abilities of being good at inquiry and autonomous learning. This paper analyzes the concept of OBE education, and puts forward some strategic suggestions on the construction of autonomous learning mode based on OBE in college English teaching, hoping to enlighten college English teaching.

## Keywords

OBE; English teaching; Autonomous Learning.

## 1. Introduction

Language learning is a positive and dynamic process. The success of language learning depends on the learners themselves, their own factors and their abilities to make full use of learning opportunities [1]. Students must learn to learn autonomously in order to master the methods of language learning and cultivate the habit of language learning, so as to achieve the goal of using a foreign language in the working environment [2]. With the development and progress of society, China's higher education teaching is constantly developing and changing, and more and more attention is paid to improving students' comprehensive ability in Teaching [3]“ The traditional teaching mode of "teachers leading teaching, students learning passively" has been unable to adapt to the needs of higher education which keeps pace with the times and constantly changes, and also hindered the cultivation and development of students' autonomous learning ability [4]. OBE (outcome based education) refers to designing different evaluation models according to different teaching objectives, requirements and objects, and diversifying their quality [5]. With the development of achievement oriented education, the focus of education evaluation has shifted from the input to the output. From the perspective of OBE education concept, it is based on the output of achievements, and the focus of education evaluation is shifted from the education input to the output of education achievements, that is, students' learning ability and education achievements [6]. At present, many universities and majors recognize the excellent teaching guidance effect of this concept in cultivating students' autonomous learning ability and promoting the improvement of knowledge and practical application ability, and begin to apply it in various fields of higher education system.

In the OBE education system, teachers must have a clear idea of the ability and level that students should achieve when they graduate, and then seek a designed education structure to ensure that students achieve these expected goals [7]. Under the new concept of personnel training, higher education pays more and more attention to students' practical ability and innovation ability. Driven by this trend, College English teaching mode is also changing to improve students' comprehensive ability and lifelong learning ability [8]. Autonomous learning ability is one of the important learning abilities that students need to have. Therefore, it is necessary to break the current situation of passive acceptance learning and rote mechanical memory in English teaching, and advocate students to cultivate the ability to acquire new knowledge, analyze and solve problems, and the ability to communicate and cooperate [9]. Under the current situation, College English teaching mode needs to be changed and innovated in combination with the actual teaching environment. In the process of English teaching, we should actively combine teaching objectives with learning ability. OBE based College English teaching plays an important role in improving students' comprehensive quality. How to construct autonomous learning mode based on OBE concept in College English teaching is a problem worthy of attention [10]. Based on this, this paper analyzes the concept of OBE education, and puts forward some strategic suggestions for the construction of autonomous learning mode based on OBE concept in College English teaching, hoping to inspire College English teaching.

## 2. College English Teaching Based on OBE

For a long time, the college English teaching model has undergone many reforms and changes, but it still can't get rid of the traditional model that teachers give priority to. OBE concept is based on educational policy, combined with the development of teaching work and the level of teachers in various schools, setting reasonable teaching objectives, and helping students achieve the expected teaching objectives in the process of education. This teaching concept is advanced and has five steps: learning effectiveness determination, curriculum design, teaching practice, student assessment and effectiveness evaluation. OBE concept emphasizes "student-centered" and pays attention to teaching effects and goals. By paying attention to teaching achievements in reverse and improving the teaching mode in reverse, we can effectively define learning goals and enhance learning interest according to students' actual ability and learning situation [11]. College English teaching guided by OBE has changed the old educational model and adjusted the starting point of teaching by paying attention to students' learning effect. In this process, not only the original teaching contents and methods are changed, but also the ideas and roles are changed. Students become participants in classroom teaching, which greatly helps students to strengthen their awareness of being the main body of learning and cultivate their behavior habits of self-learning. OBE emphasizes "student-centered" in college English classroom teaching, pays attention to teaching inspiration, is good at stimulating students' enthusiasm for teaching participation and exploration, and makes students become "real masters" in English learning. College English teaching can effectively improve the traditional teaching mode and achieve the teaching goal by setting the corresponding teaching goal based on OBE concept, cultivating students' learning consciousness of self-learning, and paying attention to the final learning result guided by OBE concept.

## 3. The Influence of OBE Concept on Autonomous Learning

### 3.1. OBE Concept Emphasizes Student-centered

Pursuing higher quality and higher efficiency of teaching results is the core goal of OBE concept. In college English class, students, as the center of class and the main body of learning, only cater to their cognitive characteristics, find the correct direction of classroom teaching, and finally

achieve better teaching results. College English teaching under OBE can change the teaching mode. OBE concept pays more attention to the development of students' independent thinking and the exertion of English logical ability. It stimulates students' interest in English learning, develops students' independent participation behavior and adjusts the main goal of college English education and teaching by means of guidance teaching. The process of language learning requires learners to choose appropriate methods in the accumulation and application of language knowledge, and to devote enough time and energy to study and practice. College English teaching relies more on students' autonomous learning after class, so the cultivation of autonomous learning ability is an important prerequisite for students to learn English well. Teachers carry out OBE concept in college English class, consciously change the status of teachers and students, consciously pay attention to students' classroom performance, point out the unsatisfactory performance of students in time and tell them how to correct them. In this way, when they have doubts in their studies, they can get teachers' answers in time and achieve better learning results. The purpose of language learning is not to master language knowledge, but to use various abilities to process information in the process of communication and interaction, so as to use language naturally. Stimulating students' enthusiasm for learning and participating in language practice is an important prerequisite for improving their comprehensive ability of using English.

### **3.2. OBE Teaching Focuses on the Actual Needs of Students**

The knowledge learned in the traditional curriculum system seems to be sound, but most of the knowledge points exist in isolation. After completing the study, students are still weak in comprehensive grasp of all the knowledge points, and their practical ability is poor, so they cannot apply what they have learned. After entering the university campus, influenced by many factors, such as English foundation, growing environment, personal preferences, etc., the differences in English level between individuals are further widened. English teaching based on OBE not only requires teachers to face up to this objective difference, but also to find positive and effective teaching methods, so that students can be promoted and improved on the original basis. Through reverse design, OBE drives the design of learning process with achievements, so that the originally separated knowledge points can be connected and integrated through achievement goals, so that students can grasp the knowledge content in books more vividly, and realize comprehensive grasp of the knowledge content through case analysis and practical operation of achievements. There are similarities between OBE concept and autonomous learning mode, both of which emphasize paying attention to students' individual differences and providing teaching guidance according to students' own situation, thus satisfying their individualized development. In the teaching process, teachers make learning plans and contents according to each student's learning track, so as to help students grasp the direction, goals and progress of learning, so that students can feel that learning is closely related to their own interests. Therefore, it can promote them to maintain higher initiative in autonomous learning, and encourage students to expand their horizons and set higher learning goals.

## **4. Construction of Autonomous Learning Mode Based on OBE Concept**

### **4.1. Cultivate Students' Independent Thinking Ability and Self-management Ability**

The construction of autonomous learning mode based on OBE concept needs to be applied to the teaching resources of university teaching, and the effect of constructing autonomous learning mode should be realized by actively using the network environment, teachers' teaching strategies and persisting in student-centered. With the help of English autonomous learning mode, students can give full play to their dominant position, help students improve their autonomous learning ability with the help of teachers' guidance, and realize the efficient

use of teaching resources with the help of network resources. To improve the efficiency of autonomous learning, the most important thing is to stimulate students' willingness to learn, so that students can devote themselves to learning without the supervision of teachers. The application of network information technology in college English teaching meets the needs of students' autonomous learning mode under OBE concept. From the cognitive perspective, the development of network has led to the integration of multiple fields.

The result design principle in OBE concept is to combine the characteristics of contemporary college students, including cognitive style, learning aspirations, thinking ideas, etc., and set a clear and easy-to-achieve learning goal for them. In the process of college English teaching, teachers should actively guide students to master basic English knowledge and knowledge application ability. The new English teaching model pays more attention to the practicality, culture and interest integration of English knowledge. Therefore, the application of the new teaching model can help teachers and students improve their teaching and learning interests, and constantly establish students' dominant position in English learning. Under the guidance of OBE, English teachers should cultivate students' new learning ideas and innovative consciousness in classroom teaching. English teachers should pay attention to the challenge and imagination of the task when designing the teaching task of "output of results", and enable students to stimulate their desire for knowledge and exploration in the process of completing the task, and cultivate creative thinking through independent exploration.

#### 4.2. Enhance the Awareness of Autonomous Learning

In college English teaching, teachers should focus on OBE concept, clarify students' dominant position and demand goals, and cultivate students' independent thinking and self-management awareness by constructing a new learning model, so that students can gradually form self-control, autonomy and conscious behavior habits and consciousness in their daily study. The achievement of learning results is the result of step by step efforts, and the cultivation of a habit also requires students' persistence day by day. Therefore, both the improvement of achievements and the cultivation of habits are a progressive and coherent process, and each link has a close logical relationship and interdependence. Under the OBE concept, teachers can change the traditional teaching mode, and stimulate students' interest and enthusiasm in English learning by creating classroom situations, expanding English practice and encouraging students to participate in group interaction. In college English teaching, we should actively apply multimedia and network technology, actively change classroom teaching methods, and optimize and improve the single teaching mode of teacher-led teaching in the traditional teaching process. College English teaching should be student-centered. The application of computer and multimedia technology can bring students' dominant position into play, broaden the channels of learning and knowledge application more effectively, help students to explore and explore themselves by means of multimedia and network technology, and cultivate their English autonomous learning ability. Figure 1 is the dimension of establishing effective classroom environment and learning effect.

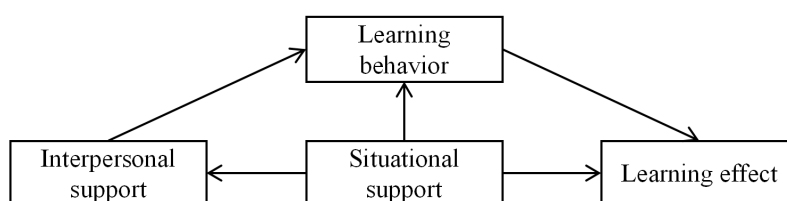


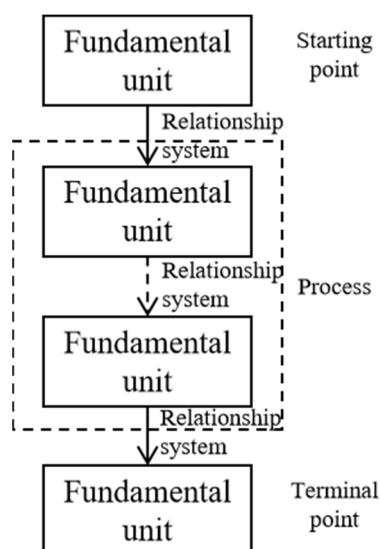
Figure 1. Path analysis model

In the process of college students' English learning, there must be some individual differences, facing the individual differences of different students and the disunity of needs and goals. Teachers should pay attention to the development of the second classroom, focusing on the students' knowledge structure, language organization, and the comprehensive training of oral communication and English writing ability. Teachers should adhere to the holistic and macroscopic concept, ensure that all achievements can be organically interconnected, and step by step in the difficulty gradient, so that they can get a good experience and realize the phased improvement of their comprehensive level. In college English teaching, English teachers should be good at guiding students to change their learning methods, stimulating their awareness of autonomous learning and enabling students to build their ability to choose their own learning methods. English teachers can choose to construct the second class and focus on cultivating students' autonomous learning ability in the second class.

### 4.3. Pay Attention to Innovation and Guide Students to Construct Self Learning Style

Based on OBE teaching mode and teaching philosophy, teachers should train students to form new learning concepts and cultivate students' innovative consciousness in English teaching. In the process of setting the teaching task of achievement output according to the actual teaching content, we should pay attention to setting certain challenges to the teaching task, so that students can stimulate their desire for knowledge in the process of autonomous learning, and achieve the goal of teaching by innovating their own learning thinking. Under the teaching mode of OBE, college English teaching is more suitable for classroom teaching by creating situations. Modern educational technology has provided greater convenience for OBE teaching mode of college English, which can make teaching situation design creative and greatly help to arouse students' enthusiasm for autonomous learning.

Students are not only learning subjects, but also participating subjects in future social development. Therefore, the application of network model can expand students' knowledge level and help students improve their English learning ability. The elements of the learning path are shown in Figure 2.



**Figure 2.** The elements of a learning path

For college English teaching, the application of network information technology can expand more knowledge channels, and at the same time change the traditional rigid and boring classroom atmosphere and environment, so that students can experience vivid, interesting and

pleasant classroom atmosphere, which lays a foundation for the construction of students' autonomous learning mode. In the autonomous learning mode, because of the lack of teachers' guidance and supervision, students' self-study efficiency is not high because of their weak self-control or unclear learning objectives. Autonomous learning based on OBE should first cultivate students' independent consciousness and help them develop the habit of self-discipline and self-control. English teachers can set aside an activity class every week, organize some English recreational activities, and exercise their learning awareness in the process of participating in the activities. Based on OBE teaching mode, teachers can carry out English teaching by creating situations. There are many ways to create situational teaching methods, so as to enrich teaching content and broaden the channels of learning English knowledge content.

## 5. Conclusions

Under the new situation, English teaching based on OBE teaching concept can realize the student-oriented teaching mode, improve the traditional teaching mode and better achieve the teaching objectives. Self-learning is a skill that everyone must master. On university campus, students can't rely on teachers as in middle school. They must adapt to the learning rhythm of university and find a suitable learning skill. Under the OBE concept, teachers can change the traditional teaching mode, and stimulate students' interest and enthusiasm in English learning by creating classroom situations, expanding English practice and encouraging students to participate in group interaction. Based on OBE teaching mode, teachers can carry out English teaching by creating situations. There are many ways to create situational teaching methods, so as to enrich teaching content and broaden the channels of learning English knowledge content. OBE teaching philosophy is the main support for the reform of college English teaching mode. Under this concept, college English teaching design will change its thinking, focus on learning achievements and students, improve students' autonomous learning ability and independent problem solving ability, and effectively promote the improvement and promotion of students' comprehensive language ability.

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